



LIPIDI DIET FACTSHEET

Project Full Title

The project title endorsed by the European Commission is “Therapeutic and preventive impact of nutritional lipids on neuronal and cognitive performance in aging, Alzheimer's disease and vascular dementia”

Framework Programme

FP7-COOPERATION-KBBE (Large Collaborative Project)

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Abstract

The European LipiDiDiet project addresses the *Impact of Nutritional Lipids on Neuronal and Cognitive Performance in Aging, Alzheimer's disease and Vascular dementia*. This is based on previous observations that lipids change the risk for dementia. Especially some omega-3 lipids appear to lower the Alzheimer risk. It is our major aim to complement the currently existing medical therapy of Alzheimer's disease with nutrition, especially at the very first stages of Alzheimer's disease. But we do not stop at Alzheimer's, we also develop dietary products that maintain and support the normal cognitive function in healthy aging in general and help reduce cerebrovascular risks. In addition to dietary products we also develop diet and life-style based health care advice for the elderly.

The project is based on two elements; one is applied research documenting the value of nutritional support in persons at risk of getting Alzheimer's disease. The other element is basic research generating more knowledge about the possible therapeutic and preventive effects of dietary lipids in model systems of Alzheimer's disease and Vascular dementia.

Aim

It is our aim to develop a lipid based diet that reduces the risk of Alzheimer's disease and related diseases and has a stabilizing effect on cognitive performance in aging. Furthermore, we will provide diet and life-style based health care advice for the elderly.

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FP7- 211696

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End Date

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Duration

80 months

Project Funding

5,899,843.00 EURO

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